



Complete 4 of the requirements below.

1. Collect pictures of clowns or pictures of clothing that clowns would wear. Make a collage with these pictures.
2. Learn about the materials that clowns and mimes use for face makeup, Try to create your own clown or mime face.

OR

Learn about the materials that clowns and mimes use for their costumes. Try to make your own costume.

3. Create a simple skit that a clown or mime would do.
4. Find out about what you would have to learn in order to become a clown or mime.
5. Using the information that you have learned, put on a skit for your troop, another Brownie Troop, or a Daisy Troop.
6. Show something you have learned to someone else your age.

RESOURCES: Check to see if there are any young clowning and mime books that would appeal to a Brownie Girl Scout

Look in your library under Dewey Decimal Number 791.3

Rock-land County Girl Scout Council, Inc. 211 Red Hill Road New City. New York  
(914) 638 - 0438.

## Sources for Clown Supplies

Clown Supplies Inc.  
The Castles Route 10 1, Suite C-7  
Brentwood, NH 03833  
(603) 679-3311.  
[www.clownsupplies.com](http://www.clownsupplies.com)

Freckles Theatrical & Clown Supplies  
5509 Roosevelt Blvd.  
Jacksonville, FL -3224141  
(908) 388-5541  
Order Line (888) 700-2792

Books About Clowns (Dewey Decimal Number 791.3)

Be A Clown by Turk Pipkin, ISBN 0-89480-347-6

Clown Magic by David Ginn, ISBN 0-941599-21-3

Creative Clowning by Fife, Blanco, Kissel, Johnson, Dewey, Diamond, Wiley & Lee,  
ISBN 0-941599-03-5

I Want to be a Clown by Ivan Bulloch & Diane James ISBN 0-7166-4301-4

The Most Excellent Book of How To Be A Clown by Catherine Perkins  
ISBN 0-7613-0499-1

This is My Trunk by Steven Michael Harris, ISBN 0-689-31128-1

### Clown Magazines

The New Calliope  
Clowns of America International  
P.O. Box 6468  
Lee's Summit, MO 64064-6468

Laugh Makers  
P.O.Box 160  
Syracuse, NY 13215  
(315) 492-4523  
lafmakers@aol.com

The Joyful Noiseletter  
(Newsletter of the Fellowship of Merry Christians)  
P.O. Box 895  
Portage, MI 49081-0895  
[HTTP://WWW.JOYFULNOISELETTER.COM](http://WWW.JOYFULNOISELETTER.COM)

# Homemade Juggling Balls

These bean-stuffed balloons are simple to make and surprisingly durable

## Materials

9 balloons, 11 inches in diameter (inflated)  
Roughly 2 pounds of lentils (or similar filling)  
Funnel  
Scissors

## Instructions

1. Stretch the first balloon to size by inflating it halfway holding it for about 30 seconds, then deflating it.
2. Insert the funnel into the balloon and pour in a third of the lentils. As you fill, press the funnel's spout down and up to force the lentils inside. Once the balloon is filled, set it down on a work surface, neck side up.
3. Cut off the balloon's thick rubber lip, leaving the neck attached. Cut off the entire neck of a second balloon. Insert three fingers from each hand into the hole, gently stretch the opening, then carefully work the second balloon over the first guiding it forward with your thumb tips. When you're done, the two neck openings should be at opposite sides of the sphere. If an air bubble appears, try kneading it out.
4. Cut off the entire neck of a third balloon, stretch the opening, and work it over the other two.
5. Repeat to make two other balls.

Problem: You just can't do it.

It takes time. Keep practicing, but stop when you get frustrated. Try putting on upbeat Music. (Pete and I Juggle best to The Beatles. But hey, what ever gets your beanbags flying.)

Problem: You keep lurching back and forth in an effort to catch the balls.

You're doing the "beginner's walk." The long-term solution is to perfect your throws so they go up, not out. In the meantime, try standing in front of a wall or door. High tosses give you more time for catching. The downside is they are harder to control. As you practice, you'll be able to shorten your tosses.

The Problem: You need more help and encouragement.

Find out about juggling clubs through the International Jugglers Association, P.O. Box 218, Montague, MA 03151-0218, or at the website of the Juggling Information Service: <http://www.hal-com/services/juggle/>.